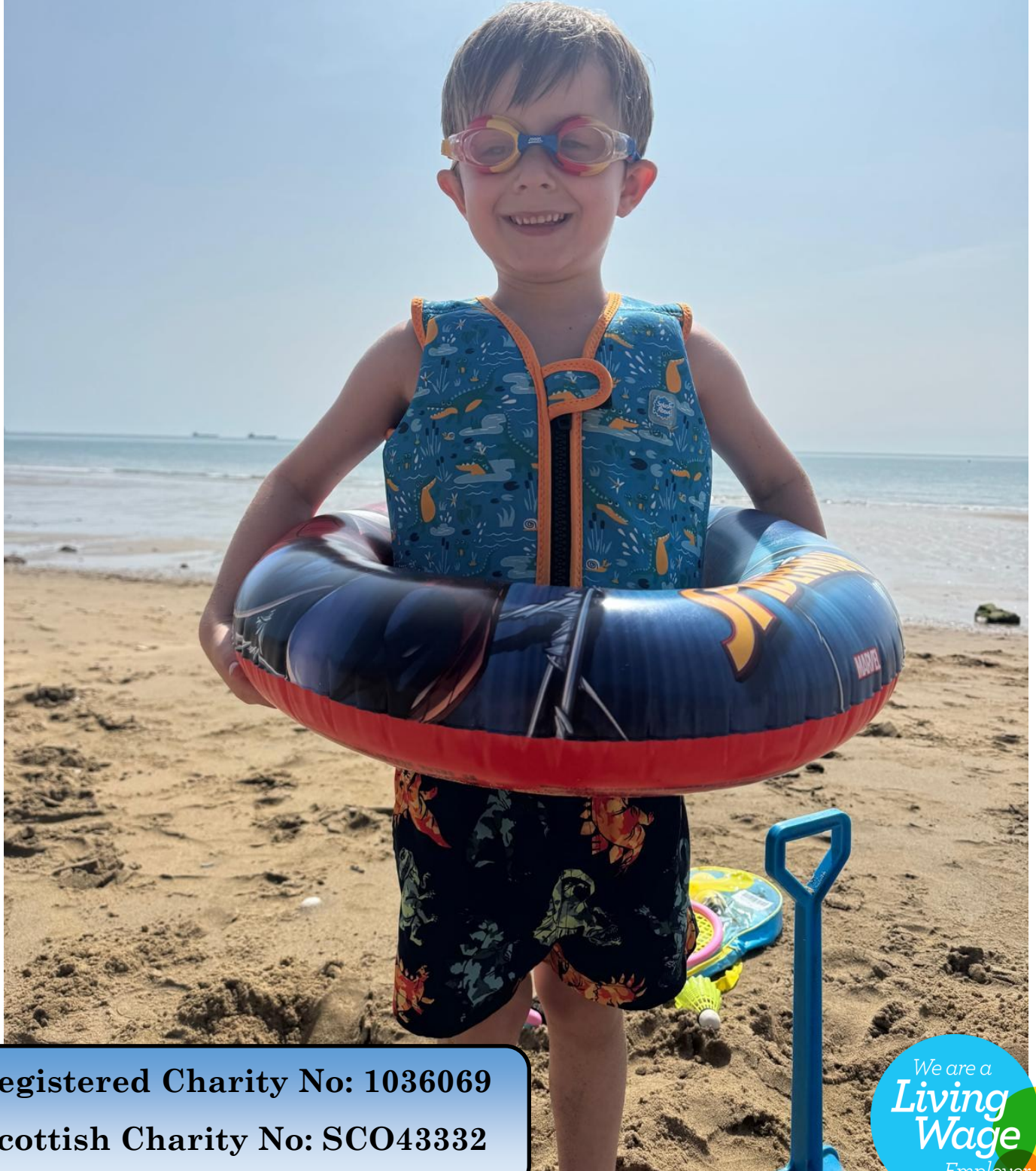


# Children with Cystic Fibrosis **DREAM HOLIDAYS**



## Annual Report & Accounts for year ending 31st October 2025



Registered Charity No: 1036069

Scottish Charity No: SCO43332

We are a  
**Living Wage**  
Employer



## CEO's Report

This has been an eventful and meaningful year for CF Dream Holidays Charity. We are delighted to share that we have been able to send 142 CF families and their children on much-needed holidays to a range of wonderful venues across the United Kingdom. Later in this report, you will see some of the heartfelt letters and pictures we received from families whose lives were touched by these breaks—messages that remind us why our work is so important.

Fundraising has once again proven challenging, a reality now faced by almost every charity in the UK. Despite this, our team has continued to work tirelessly to secure what funding is available. We are deeply grateful to the holiday companies that have continued to support us with generous discounts. In particular, we have built a strong ongoing partnership with a small company on the Isle of Wight, whose consistent goodwill enables us to offer affordable and enjoyable holidays every year.

Our staff remain at the heart of everything we do. With one full-time and three part-time members, all working from home, we continue to keep operational costs low without ever compromising on the quality of service we provide to families. As CEO, I am incredibly proud of their dedication, resilience, and willingness to go above and beyond.



This year also brought sadness. We said farewell to our long-serving Holiday Coordinator, Annie, who passed away from cancer. Annie devoted nearly twenty years to Dream Holidays and retired only a year before her passing. She was an integral part of our story, and she is greatly missed by all of us. *Rest in peace, Annie.*

Despite the difficulties, we end the year on a hopeful note. Annie herself would have been the first to say that Dream Holidays continues to be a vital source of respite for families caring for a child with Cystic Fibrosis. The breaks we provide offer not only rest and joy, but a chance to create precious memories during profoundly challenging times.

With gratitude for the support we have received and confidence in the mission that drives us, we look forward to a successful and impactful 2026.

Elaine Pearce



CEO

"We had some much needed family time together.

We were all sad to come home, we loved every minute, thank you so very, very much for your help in us making these core memories that we shall remember and cherish forever"



"To see him smile and just be a normal boy for a week was the best feeling ever"

"We had the most beautiful, relaxing, fun filled break thanks to CF Dream Holidays. This came at a much needed time and gave our family a break from the stresses of CF. My daughter enjoyed herself so much and we made beautiful memories that we will cherish"



"We as a family can't thank you enough for giving my son and us as a family a much needed get away"



"The family enjoyed a break away from the normal reality of life. Being able to slow down and spend time as a family and enjoy things we don't always get to do. We cannot thank CF dream holidays enough for giving us the chance to get away and unwind for a bit and bring us closer together again as a family"



The financial, practical, and emotional cost of having CF can be really hard on the families we support. For many, they are also facing financial and social challenges, sometimes so significant that having a child with CF becomes 'just' another thing they are managing, even though we know it has a daily impact on their lives. We hugely appreciate that as a team who know our families well, we can reach out to CF Dream Holidays to support the families that we know are most in need of a break. These holidays offer a chance for fun and to spend time as a family, away from the stresses of daily life. Without CF Dream Holidays, these families would not have the opportunity to have a holiday and experience the many benefits it can bring. A huge thank you for everything you do, from the CF Team at Sheffield Children's Hospital.

***Sheffield Hospital***



Caring for a CF child can place immense strain on families as a whole, with little respite from the extensive burden of treatment. Being able to refer to Dream Holidays offers families the opportunity to rest and recharge away from daily stressors.

The referral process is straightforward, and as Dream Holidays take care of the booking the holiday is organised without adding further pressure on the family.

***CF Social Worker***



The children & their families who I support hugely benefit from the holidays you provide. A child with CF has to work hard everyday of every year to ensure they remain well or get better from an infection- we never give them a break & we are always asking them to work a little harder.

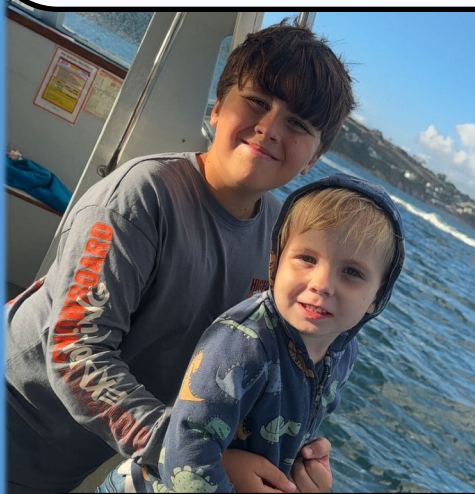
A holiday has lots of benefits- we know that ourselves- the anticipation & excitement even! For a child with CF to have fun with their family, parents to see their children having fun, a possible break from working so hard, siblings that often appear to be in the background & the memories made cannot be underestimated.

***CF Specialist Nurse  
Northampton General Hospital***



These children often have to carry out a huge burden of CF care on a daily basis this helps to keep them well - often these treatments are very stressful and time consuming for the whole family so a short break or holiday provides respite away from the stress of everyday life and an opportunity to relax and enjoy different experiences which may not necessarily be available to the CF child if a dream holiday wasn't offered to them via this charity."

***Respiratory nurse specialist at  
Queen Elizabeth University hospital in Glasgow***



Our families have had lovely holidays including to the Isle of Wight and Newquay and all of them come back full of energy and saying what a wonderful time they have had. It is great for them to have good family time together enjoying new experiences.

We are very grateful for all that CF Dream holidays do for our patients providing such great holidays.

***CF Specialist Nurse  
University Hospital Sussex***



CHILDREN WITH CYSTIC FIBROSIS DREAM HOLIDAYS

RECEIPTS AND PAYMENTS ACCOUNT  
FOR THE YEAR ENDED  
31<sup>st</sup> OCTOBER 2025

Charity Registration Number 1036069

Charity Registration Number SC043332

**Report of the Trustees for the Year Ended 31<sup>st</sup> October 2025.**

The Trustees present their report and accounts for the year ended 31<sup>st</sup> October 2025:

**Investment and Management Powers**

These are vested in the management committee and are governed by the constitution of the charity.

**Objects of the Charity**

The object of the charity is to provide holidays for children who have been diagnosed as having Cystic Fibrosis, or other such similar disease, and to provide holidays for groups of children who have been diagnosed as having Cystic Fibrosis or other similar disease.

**Financial Report**

The financial results for the year are set out on the following pages.

The trustees consider the available reserves are sufficient for the committed expenditure requirements of the charity at the year end.

**Statement of the Management Committee's responsibility for the Accounts**

The purpose of the statement is to distinguish the Management Committee's responsibilities for the Accounts from those of the Independent Examiner as stated in his report.

The Charities Act 2011 and the Charities Accounts (Scotland) regulations 2006 requires the Management committee to ensure that the accounting records are kept in respect of all of the charity's transactions and to prepare a statement of accounts for each accounting period consisting of a receipt and payments accounts and a statement of assets and liabilities.

The Management Committee are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of errors, fraud, and other irregularities.

In preparing these accounts the Management Committee is expected to:

- Select suitable accounting policies and apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Follow the recommendations of the Charity Commission, the Office of Scottish Charity Regulator and of the accounting profession with regard to the form and contents of the Accounts, or to disclose and explain any departures there from.
- Prepare the Accounts on a going concern basis.

Approved on behalf of the Management Committee.

By the Chairman: M. Johnson

Date: 08-12-25

## Independent Examiner's report to the trustees of Children with Cystic Fibrosis Dream Holidays Trust

I report on the accounts of the Trust for the year ended 31<sup>st</sup> October 2025, which are set out on the following pages.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) or under Regulation 10(1)(a) to (c) of the Charities Accounts (Scotland) Regulations 2006 (the 2006 regulations) and that an independent examination is required.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act 2011 and under section 44(1) (c) of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act).
- To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2001 Act: and
- To state whether particular matters have come to our attention.

### Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission and is in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view', and the report is limited to those matters set out in the statement below.

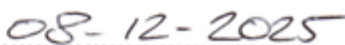
### Independent examiner's statement

In connection with our examination, no matter has come to my attention:

- 1) which give me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act and section 44(1)(a) of the 2005 Act and regulation 4 of the 2006 Accounts regulations; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2001 Act and section 44(1)(b) of the 2005 Act and regulation 8 of the 2006 Accounts Regulations.have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Angela Moore FMAAT AATQB ACIPP



Date

AM Accountancy & Office Management Ltd  
78 High Street  
Barwell, Leicestershire LE9 8DR

## Children with Cystic Fibrosis Dream Holidays

### Notes forming part of the Accounts For the Year to 31st October 2025

#### 1 Accounting Policies

The accounts have been prepared under the historical cost convention adopting the following principal accounting policies.

##### a) Basis of Preparation

- (i) The accounts have been prepared on a receipts and payments basis and include income and expenditure as they are received or paid rather than earned or incurred.
- (ii) The recommendations for SORP 2006 have been followed in the preparation of these Accounts.

##### b) Cash flow

The Accounts do not include a Cash Flow statement because the Charity, as a small reporting entity, is exempt from the requirement to prepare such a statement under the Financial Reporting Standard 1 "Cash Flow Statement"

#### 2 Tangible Fixed Assets

Tangible fixed assets are measured initially on the balance sheet at their historical cost. The asset less its residual value must be depreciated on a systematic basis over its useful economic life.

Office Extension	0% per annum of cost
Computer Equipment	25% per annum of cost

The charity has chosen not to depreciate the office extension as its residual valuation is likely to be at least equal to its initial cost.

#### 3 Revaluation of Tangible Fixed Assets

The charity has chosen to adopt an accounting policy of revaluation on tangible fixed assets on a rolling basis over a five year period. Any gain will be shown within the revaluation reserve on the balance sheet

#### 4 Total Recognised gains and Losses

The Charity has no recognised gains or losses other than the net movement of resources for the above year.

#### 5 Direct Charitable Expenditure

Included in the Fundraising Expenses are the Direct Mailing Costs incurred by the Charity for the above year.

#### 6 Trustee Remuneration

No remuneration was paid to a charity trustee or to any one connected to a charity trustee during the year

#### 7 Trustee Expenses

No expenses were paid to a charity trustee or to any one connected to a charity trustee during the year

#### 8 Office Extension

The charity has contributed to half of the cost of building a dedicated office to work out of. The amount forwarded of £12,500 is to be re-paid to the charity if the house to which it is attached is sold.

## Children with Cystic Fibrosis Dream Holidays

### Receipts and Payments Account For the Year to 31st October 2025

Income and Expenditure	note	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £
<b>Income</b>					
Legacies			-	-	-
Grants				-	-
Donations and Gifts		207,713		207,713	240,825
Gift Aid Refunded		2,638		2,638	2,918
Bank Interest		430		430	304
Furlough Grant Received		-		-	-
<b>Total Income</b>		<u>210,781</u>	<u>-</u>	<u>210,781</u>	<u>244,047</u>
<b>Direct Charitable Expenditure</b>					
Holiday Costs		95,096	43,000	138,096	141,299
Holiday Subsistence		18,577		18,577	18,310
Holiday Transport		4,162		4,162	3,386
Holiday Insurance		820		820	-
Fundraising Expenses - including Direct Mailing Costs	5	16,222		16,222	13,920
Development Funding Costs		-		-	-
		<u>134,877</u>	<u>43,000</u>	<u>177,877</u>	<u>176,915</u>
<b>Other Expenditure</b>					
Wages and National Insurance		57,149		57,149	56,105
Travel Expenses and Petrol		45		45	65
Office Furniture and Equipment		409		409	426
Equipment Repairs and Maintenance		63		63	-
IT Support Services		-		-	-
Heat and Light		840		840	840
Insurance		480		480	432
Printing, Postage and Stationery		571		571	304
Software		263		263	160
Telephone		1,274		1,274	1,218
Website and Internet		1,700		1,700	1,860
Trustee Meetings		161		161	20
Legal and Professional		730		730	730
Bank Charges		195		195	275
Miscellaneous		274		274	497
Depreciation of Fixed Asset		-		-	-
		<u>64,154</u>	<u>-</u>	<u>64,154</u>	<u>62,932</u>
<b>Total Expenditure</b>		<u>199,031</u>	<u>43,000</u>	<u>242,031</u>	<u>239,847</u>
<b>Net Income / Expenditure</b>					
For the Year		11,750	- 43,000	- 31,250	4,200
<b>Fund Balances Brought Forward</b>		<u>81,316</u>	<u>37,000</u>	<u>118,316</u>	<u>114,116</u>
<b>Restricted Funding for Holidays Next Year</b>		- 43,000	43,000	-	
<b>Fund Balances Carried Forward</b>		<u>50,066</u>	<u>37,000</u>	<u>87,066</u>	<u>118,316</u>

# Children with Cystic Fibrosis Dream Holidays

## Statement of Assets and Liabilities As at 31st October 2025

	note	2025		2024	
		£	£	£	£
<b>Fixed Assets</b>					
Office Extension	2/8		12,500		12,500
Computer Equipment			-		-
			<u>12,500</u>		<u>12,500</u>
<b>Current Assets</b>					
Bank Balances:-					
Current Account		51,801		80,094	
Business Account		-		-	
Reserve Account		-		-	
Community Account		1,255		3,766	
Scottish Widows Account		<u>22,612</u>	75,668	<u>21,956</u>	105,816
<b>Current Liabilities</b>					
Creditors		-		-	
PAYE		<u>1,102</u>	1,102	<u>-</u>	-
<b>Net Assets</b>			<u><u>87,066</u></u>		<u><u>118,316</u></u>

These Financial Statements were approved and authorised for issue by the Management Committee

and signed on their behalf by: M. Johnson Chairman

Print Name: MARIA JOHNSON

Date signed: 08-12-25

## Families helped this year

<u>Child's Name</u>	<u>County</u>	<u>Destination</u>
Adam & Amine	Middlesex	Bubble Planet - Soft play and Jump
Alexander	Tyne and Wear	Sundrum Castle Holiday Park Ayrshire
Alexander	Wiltshire	Hoseasons Weymouth Seaview
Annayah	Greater Manchester	Haven - Cala Gran - Blackpool
Belan, Lawen & Dilan	Staffordshire	Lydstep Holiday Park South Wales
Billy & Isla	South Yorkshire	Coastfields Holiday Village Ingomells
Charlotte & Lucy	Herefordshire	Ladram Bay - Devon
Ciaran & Podraig	N. Ireland	Slieve Donard Sea Breeze Northern Ireland
Desmond	West Midlands	Butlins, Skegness
Harlan & Marlow	Northamptonshire	Haven - Golden Sands - Skegness
Harper - Rose	Berkshire	Hayling Island Holiday Park Hampshire
Harrison & Sonny	Oxfordshire	Bluestone Holiday Park - Wales
Ifunnaya	North West Wales	Hoseasons - Ty Mawr Wales
Imaan & Sabah	West Midlands	Haven - Burnham on Sea
Isabella Louise	Lincolnshire	Haven - Skegness
Jack & Layton	Co Durham	Whitley Bay Holiday Park Newcastle
Lawson, Neal & Adam	Nottinghamshire	Butlins - Skegness
Leela - Louise	Norfolk	Haven - Wild Ducks - Great Yarmouth
Lottie Theresa	Northern Ireland	Haven - Rockley Park - Dorset
Millie-Mai	West Midlands	Trecco Bay - Wales
Mohammed Zayn	West Midlands	Forest Holidays - Dean Forest
Muhammad	South Yorkshire	Booking.com - Edinburgh
Mya & Ollie	Wesr Yorkshire	Butlins - Skegness
Ottilee & Tilly	East Sussex	Cove Resort - Seal Bay - South Coast
Riley & Declan	Berkshire	Pencnwc Holiday Park - Wales
Ronnie & Mollie	Greater Manchester	Towyn Holiday Park - Wales
Shayan & Rohaan	Scotland	Tankersley Manor Hotel
Tilly & Charlie-Ben	County Durham	Haven - Lakeland
Christina	Warwickshire	Butlins - Minehead
Ivy - Fay	Oxfordshire	Bunny Beach Lettings Seal Bay Resort
Theodore	Kent	Isle of Wight
Isabella	Suffolk	Teign Cottage - South Devon

<u>Child's Name</u>	<u>County</u>	<u>Destination</u>
Alfie	Devon	Butlins - Minehead
Archie	Northampyonshire	Butlins - Skegness
Bonnie	Warwickshire	Butlins - Skegness
Carson	Scotland	Haven - Cala Gran
Carter	Tyne & Wear	Haggerston Castle
Charlie	Northumberland	Flamingo Land
Danny	Nottinghamshire	Trenythton Manor
Dennis	Gloucestershire	Trenythton Manor
Esme	Tyne and Wear	Flamingo Land
Frankie	Northamptonshire	Isle of Wight
Ivan	Warwickshire	Isle of Wight Chalet
Jake	Kent	Lays Barn - Norfolk
Kayden	Derbyshire	Butlins - Skegness
Leon	Tyne and Wear	Butlins - Skegness
Liam	Cumbria	Stanwix Holiday Park
Lucy	Cornwall	Butlins - Bogner Regis
Marni	Norfolk	Tattershall Lakes
Matilda	Dorset	Isle of Wight
Matilda	Wolverhampton	Alton Towers
Michael	North Yorkshire	Butlins - Skegness
Mylah	Berks	Haven - Golden Sands
Oakley	South Yorkshire	Bigbury-on-Sea - Devon
Oliver	Nottinghamshire	Isle of Wight
Pheobe	West Sussex	Trenythton Manor
Poppy	Scotland	Butlins - Skegness
Rhys	Northumberland	Haven - Matron Mere
Rosie	Durham	Butlins - Skegness
Ruby	Yorkshire	Haggerston Castle
Skylar	Essex	Butlins - Minehead
Sophie	Shropshire	Isle of Wight Chalet
Taimaz	Greater London	Cottage - St Ives Bay
Theo	Herefordshire	Haven - Presthaven

## Families helped this year

<u>Child's Name</u>	<u>County</u>	<u>Destination</u>
Adonis	Cheshire	Haven - Presthaven Wales
April	Northumberland	Haven - Haggerston Castle
Ariana	Derbyshire	Parkdean Newquay Resort
Arya	Tyne and Wear	Haven
Billy	Staffordshire	St Ives Holiday Village
Clark	East Riding of Yorkshire	Caledonian Coach Trip
Devon	Oxfordshire	Haven, Devon Cliffs
Elsie	West Sussex	Centre Parcs
Emily	Derbyshire	Kimberley House Cornwall
Ethan	Northern Ireland	Booking.com - Portrush
Everley	Lincolnshire	Isle of Wight Chalet
Evie	Northern Ireland	Mullens Bay
Fletcher	West Midlands	Seal Bay Resort - Chichester
Franklin	Northern Ireland	Newcastle Sea View Apartment
Hallie	Leicestershire	Holiday Cottages Isle of Wight
Hana	Merseyside	Stonehill Cottage - Lake District
Harley	Norfolk	Center Parcs - Elvden Forrest
Heidi	Merseyside	Haven - Hafan Y Mor - Wales
Ivy	Wales	Centre Parcs - Sherwood Forest
Keeley	Co Durham	Hoseasons - Landal Lakes
Kobi	Nottinghamshire	Tregoad Holiday Park - Cornwall
Layla	Greater Manchester	Haven - Hafan Y Mor - Wales
Lenaz	Surrey	Trenythron Manor - Cornwall
Leon	Tyne and Wear	Haven - Marton Mere - Blackpool
Lille	South Yorkshire	Rusty Cottage - Whitby
Lily	Herefordshire	Center Parcs - Longleat Forrest
Logan	Merseyside	Haven - Marton Mere - Blackpool
Marley	Northumberland	Devon Cliffes Holiday Park
Stuart	Merseyside	Haven - Presthaven - Wales
Warwick	West Midlands	Haven - Marton Mere, Blackpool
William	Hampshire	Center Parcs - Longleat forest
William	Scotland	Butlins - Bognor Regis
Umaina	West Midlands	The Royal Sands Weston Super Mare
Rio	South Yorkshire	Northshore Holiday Park
Shelby	Cumbria	Ocean Edge Holiday Park
Theo	Durham	Haven - Marton Mere
Tyler	West Midlands	Devon Hills Holiday Park - Devon

<u>Child's Name</u>	<u>County</u>	<u>Destination</u>
Aiden	Northampton-shire	Lion King the Musical London Theatre
Alfie	Greater Manchester	Hoseasons - Golden Sands, Rhyl
Alfie	West Midlands	Bluestone Holiday Park - Wales
Arlo	Lancashire	Delamere Lake Sailing & holiday Park
Artemis	Northampton	Brynowen Holiday Park Wales
Baker	Essex	Center Parcs - Elveden Forrest
Brielle	West Midlands	Parkdean - Trecco Bay Wales
Carson	Scotland	Mountcollyer House Northern Ireland
Clayton	Worcestershire	hoseasons - Trevornick Holiday Park
Daisy	West Midlands	Hoseasons - Holiday Park Torquay
Deacon	South Wales	Cottage Pentowan Farm Cornwall
Emmie	Lincolnshire	Haven - Primrose Valley North Yorkshire
Hope	Merseyside	Ocean Edge Holiday Park Lancashire
Huzaifa	Oxfordshire	Whitecliff Bay Holiday Park Isle of Wight
Ivy	West Sussex	Beach Croft cottage Pembroke Dock
Jacob	Cheshire	Hoseasons - Hopton on Sea Great Yarmouth
John	Northumberland	Tile Sheds Barn Cottage Whalton
Jonah	Devon	Haven - Perran Sands Cornwall
Kasper	Nottinghamshire	Parkdean - Langwards Holiday Park Isle of Wight
Layla	Warwickshire	Park Holidays - Osyth Holiday Park Clacton on Sea
Lexi	Suffolk	Haven - Seashores - Great Yarmouth
Lucas	West Sussex	Hunter Quay Holiday Park - Argyl Scotland
Marwa	Essex	Longstone Quay Resort Hampshire
Mason	Norfolk	Haven - Marton Mere Blackpool
Morgan	Greater Manchester	Lyons - Robin Hood Holiday Park Rhyl
Nevaeh	South Yorkshire	Hoseasons - Sherwood Forest
Nylah	Lancashire	Haven - Marton Mere Blackpool
Oliver	West Midlands	Lovat Holiday Park - New Forest

**Our Head Office address: -**

4 Norton Cottages

Tongue End

Spalding

PE11 3JL

TEL:- 01775 670399

**Registered charity No: 1036069**

**Scottish charity No. SC043332**



**Contact us**

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FINANCE – [Darren.cfdreamholidays@hotmail.co.uk](mailto:Darren.cfdreamholidays@hotmail.co.uk)

ADMIN / FUNDRAISER—[Amy.cfdreamholidays@hotmail.com](mailto:Amy.cfdreamholidays@hotmail.com)

For updates or to see even more photos

Check out our website at **[WWW.CFDREAMHOLIDAYS.CO.UK](http://WWW.CFDREAMHOLIDAYS.CO.UK)**

Or our Facebook page, search for

CF Dream Holidays